

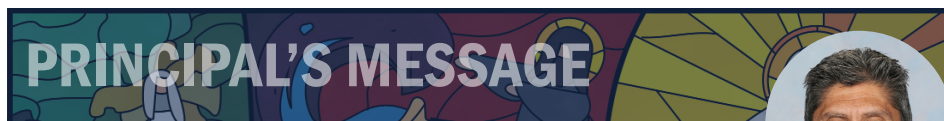
THE ROAD

Term 2 Issue 2 2022

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College Leadership Teams	
Executive	
Principal	Mr Nastasi
Principal's Personal Assistant	Mrs Schrembi
Assistant Principal	Mr Roberts
Director of Learning and Mission	Ms Waring
Director of Academic Growth	Mr O'Connor
Director of Curriculum Administration	Mrs Else
Leaders of Wellbeing	
Year 7	Mr Liceralde
Year 8	Miss Gaudiosi
Year 9	Mr Petrocco
Year 10	Mr Hamond
Year 11	Mrs Luke
Year 12	Mr Pearman Sultana
Leaders of Learning	
REC	Ms Waring
Diverse Learning	Ms Varga
English	Mr O'Connor
Mathematics	Dr Goundar
PDHPE	Mr Brunt
HSIE	Mrs Curran
TAS	Mr Chhabra
Science	Mrs Hamama
Creative Arts	Miss Ashton Mr Connolly
Learning Innovations	Ms McQueen
Sport Co-Ordinators	Mr Safi Mr Saba
Language	Mrs Scarfone
Library	Mrs Ellery
VET Co-Ordinator	Mrs Grills
Careers Advisor	Mrs Scarfone
College Counsellor	Ms Wen Ms Read
Business Manager	Mr Anchique



The importance of looking after your wellbeing

Robert Nastasi
Principal



As Principal of the College, I am always passionate and supportive of promoting the wellbeing of everyone in our community. To that end I take wellbeing matters very seriously and I encourage everyone to focus on the spirit, body, and soul as part of God's creation plan for us.



I share with you again as I did in 2021, some scriptural references pertaining to our core work as Christians which highlight the dignity of the human person:

'St Paul refers to the three major aspects of a man's being – his spirit, body and soul. We are not beings of separate and distinctively different components, but a whole person. We are a spirit who has a soul that lives in a body. All of these aspects of man are inextricably interwoven. To be whole, to be complete, each aspect of a person must be well. When any aspect of our being is not well, the other aspects are adversely affected.'

Medicine today focuses on the care for a person's body. Physical health is important so that we can function and do the things God would want us to do with our body. Being physically active, eating well, getting enough sleep and being addiction free are some of the more important things we ought to do to care for our bodies.

It is also important to care for our soul – to manage our emotions the best we can, to monitor our thinking patterns and to make healthy choices. Our soul-life is impacted by our spirit and the 'gateway' through which this primarily happens is in our mind. I think this is why St Paul reminds us that we can be transformed by the renewing of our minds (Romans 12:2.)

Our mindset and our thinking patterns can truly and radically transform us. For the good or for the worse. For life or for death. The only way we can understand the key truths of life is to be exposed to what God's guidelines for living are as found in the

Bible. The Bible holds the keys to being whole and living well. We must not only understand God's principles; we must live them to be whole'.

For us to achieve the goals and grow we must first take care of our own wellbeing. Taking time to fill our own cups so as we are not trying to share and from an empty one. As we reach the half-way point of Term 2, I encourage everyone to stop and ensure they take some time for themselves to focus on all the elements of their health and wellbeing.

Take care and God bless.

ASSISTANT PRINCIPAL'S MESSAGE

Steve Roberts
Assistant Principal



Multicultural Week

Harmony Day is a celebration of our cultural diversity – a day of cultural respect for everyone who calls Australia home. Whilst the 21st March is the official day for Harmony Day, at Emmaus Catholic College we celebrate our rich cultural diversity every single day and during week 5 we will celebrate our diversity all week.

The message of Harmony Day is 'everyone belongs', the Day aims to engage people to participate in their community, respect cultural and religious diversity and foster a sense of belonging for everyone.

Australia is a vibrant and multicultural country and as mentioned before this is represented at Emmaus – from the oldest continuous culture of our first Australians to the cultures of our newest arrivals from around the world. Our cultural diversity is one of our greatest strengths and is at the heart of who we are. It makes Australia a great place to live and Emmaus a great place to come to school.



Photo: Multicultural Day 2021

This year we will be celebrating the day with a Staff vs Student (Yr 12) Soccer match – known as the 'Harmony Day Cup'. No doubt the Year 12s will be doing their best against the star studded Staff team who are extremely confident they will be victorious again. Whatever the result, the day itself is sure to be the winner. It is great to be able to celebrate the cultural diversity we have both as a nation and more specifically as a College!

The Little Things Matter

In a previous newsletter I highlighted the importance of wearing the College uniform correctly and reminded the community of what the students should be wearing. As the weather cools down, I encourage students and their families to ensure they have a College jumper and blazer to keep themselves warm.

In addition to this, as a compromise students are allowed to wear clear plastic earrings for their piercings. If a student does get a new piercing they will be asked to obtain a clear plastic earring to keep the piercing open.

Thank you in advance for your support with both of these little but important matters.

Let Your Light Shine! Year 12 Retreat 4th - 6th May 2022

Pia Waring
Director of Mission and Learning



Let's hear about the Year 12 Retreat from Ava Connelly and Olivia Demasi:

"The Year 12 retreat brought us all together to say the least. It was a time of reverence, reflection and reminiscence. It allowed for bonds to be mended, thanks to be given and connections to be formed.

We were told to expect the unexpected and walk into the retreat with an open mind. Students who usually do not sit or work together were placed in groups in the hope that stronger, memorable connections could be made. In order for these connections to form, we were asked to be vulnerable. We reflected on those that were the 'Salt' and 'Light' of our world. We were asked not only to look at those that represent these within our own lives but also to be that for others. And this retreat provided the means to do this.



Top four favourite moments:

Springwood - candle ceremony,
Jemima's prayer at the bonfire
Winmalee - Karaoke, bonfire

This will forever be a memorable experience for our grade."

Retreats are such a special time because they allow for a person to physically and mentally step away from the rest of the world, spend time in reflection and communion with others, and especially communion with God.

The three-day, two-night retreat was full of games, activities, spiritual and personal reflection and community building sessions. Each member had the opportunity to share their life journey and future aspirations.

A communal mass was celebrated at the Winmalee site on the final night. Students enjoyed catching up and sharing experiences with friends in their grade who spent retreat at the other site.

The theme for the retreat was "Let your light shine", which is based on the Gospel of Matthew 5:13-16. This theme gave students the depth to explore how they are called by Jesus to be the salt of the earth and the light for the world. It explored challenging ideas and posed difficult questions but I know that this Year 12 cohort can and will rise to these challenges, which will strengthen their lives and our Emmaus community.

RELIGIOUS EDUCATION

Photos from the Year 12 Retreat 2022

Pia Waring
Director of Mission and Learning



Holy Spirit Parish News

Pia Waring
Director of Mission and Learning



On Pentecost Sunday, 5 June after the 9.30am Mass, a big celebration will take place at the Holy Spirit School grounds. There will be a jumping castle, face painting, balloon making, fairy floss, slushy machine, flame hats and lots of food. Fr Michael and Fr Peter are inviting you to join in the feast day celebrations! See flyer for the details.

Join us as we celebrate our being Church **PENTECOST**

NOVENA MASSES: 26 May—3 June

To be prayed at the usual Parish Mass Times

VIGIL OF PENTECOST: Saturday, 4 JUNE

BBQ after the 6pm Saturday Vigil Mass

PENTECOST: Sunday, 5 JUNE

Bring a plate of food after the 9.30am Mass

*At the Holy Spirit Primary School Grounds there will be lots of fun for all ages
(Jumping Castle, Fairy Floss, Craft & Balloon Sculpting, lots of food)*

For more information,
contact the parish Office:

HOLY SPIRIT PARISH
1-5 Todd Row, St Clair NSW
(02) 9670 8222
admin@holyspiritstclair.com.au
www.holyspiritstclair.com.au



Vinnies Winter Appeal

It is that time of year again where we help others in our community and demonstrate our 'good works' and call to service. We will be creating Snack Packs to donate to St. Vinnies winter appeal. We are calling on our community to donate food items for the cause. At the start of 19th May 2022 till 20th June 2022, students are to donate food items for the snack packs. Each Food item is worth 2 House Points (Our student leaders will organise a roster to monitor items and tally house points on a spreadsheet). The food items that students can bring are as follows

Year Group	Food Items	Example
Year 7	Poppers	
Year 8	Le Snack	
Year 9	Cup of Soup/Noodles	
Year 10	Chips	
Year 11	Fruit Cups	
Year 12	Nut Free Muesli Bars	
Staff	Tins of Tuna	

Vinnies Winter Sleep Out

Vinnies Sleepouts give you a glimpse into the realities of homelessness by 'sleeping rough' for a night to raise awareness and funds for Vinnies homelessness services. This experience challenges your sense of home and offers unique insights into the complex issues faced by people experiencing homelessness.

Emmaus will host the Winter Sleepout on Friday 24th June. Each student receives 5 House points for sleeping out. Permission notes will be at student services By Thursday 19th May 2022 and must be back by 8th June 2022.

Cultural Dress Mufti day Friday 27th of May - GOLD COIN DONATION to raise money for Vinnies and Homelessness Collection IN GROWTH COACHING classes. Students are encourage to wear Mufti based on their culture!

Krispy Kreme fundraiser - opening this week on QKR app and closes on 6th June 2022 to raise money for Vinnies and Homelessness. Krispy Kreme needs two weeks to process the order and can be ordered in the Ampitheatre.



Year 9 Food Technology Practical Assessment

The students did an outstanding job completing their first (Practice) Practical Assessment. For this task, students were required to investigate and apply learned knowledge of food nutrients, the nutritional needs of individuals and nutritional compositions of food to plan a healthy meal plan for an adult. The students worked hard to display their cooking skills making a variety of dishes that were not only nutritious, but tasty and creative too. Well done Year 9 Food Technology, I hope you are all as proud of yourselves as I am of you





Year 7 Graphic Design Unit

Year 7 Technology classes have been learning about Graphics during the last few weeks. They tested their learning and skills in making badges and T shirt printing.



Jeremy Safi
Sports Coordinator



Julian Saba
Sports Coordinator



PDSSSC Cross Country Carnival

Congratulations to all our students who participated in the PDSSSC Cross Country carnival last week. We had some notable standout performances of some of our students who finished in the Top 10 of their Age group including Jacob Zahra and Kingston Graham-Withell. Also a big congratulations to Layla Sharp who finished 1st in her division and will be heading to the NSWCCC Cross Country Championships.



Jeremy Safi
Sports Coordinator



Julian Saba
Sports Coordinator



Thursday Representative Sport

This season, Emmaus will be entering a team in Boys and Girls Soccer, Girls Netball and Inter Boys Rugby League. At times, buses returning from Representative Sport may arrive back at the College after the end of day school bell and for that reason, students need to ensure they have alternative transport home on Thursday afternoons in case of this. All information regarding representative sport draws and venues for each sport can be found on the Parramatta Diocese Secondary Schools Sport website.

<http://www.secondarysportparra.catholic.edu.au/>

RECENT SPORTING SUCCESS STORIES



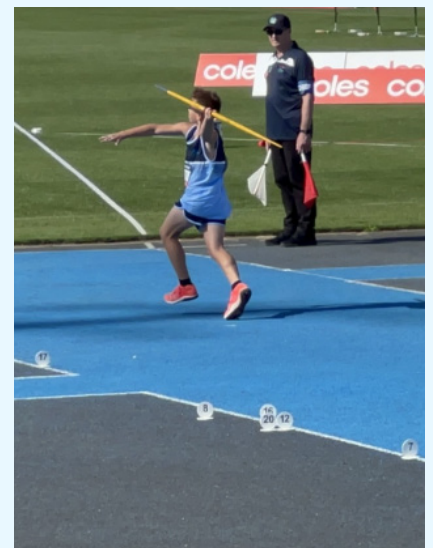
**Kingston Graham-Withell
and Ryan Cloey**

Congratulations to Kingston and Ryan who competed in the NSW Touch Junior Regional Championships at Tuggerah. They were the Grand Final winners. Both Ryan and Kingston were selected in the NSW Merit Team. A big effort by both of our students and a little cherry on top as Ryan was also named as the player of the Grand Final.



Ryan Cloey

Another big congratulations to Ryan Cloey who competed in the NSW Junior Track and Field Championships and the LANSW State Championships at Homebush. Ryan finished as the gold medallist in both events and also came 5th in Discus. Ryan then went on to compete in the Athletics Australia Track & Field Championships (Nationals) and also the Australian Little Athletics Championships (ALAC) in Melbourne where he placed 6th in Javelin competing against some kids who were older than him. A Huge effort from Ryan, we definitely have a future Olympian in the making!!!



Parramatta Secondary Schools Sports Council (PDSSSC)/NSW Catholic Schools Sport

Individual Selection Trial Registrations are now open for many sports at either the Diocesan level or NSW state level. Information about these and the respective sports and their closing dates can be found here:

<https://www.secondarysportparra.catholic.edu.au/nswccc-representative-sport>

Students wishing to trial for an external PDSSSC team or individual sport can register via the link. These teams are Parramatta Secondary Schools Sports Council (PDSSSC)/NSW Catholic Schools Sport

Year 12 School Photography Date: 1 June 2022

School photography day for Year 12 is coming up soon. Group and portrait photographs can be purchased by following the link below or by returning the order envelope with your payment to our photographer on school photo day.

advancedlife now offers Latitude Pay! To take advantage of LatitudePay and split the cost of your order into 10 small easy payments, simply order your school photos online as usual, set up a Latitude Pay account in just a few clicks and pay no interest or fees when you pay according to your payment schedule; it's that easy.

3 easy ways to purchase:

LatitudePay – Click on the link below, set up an account during the online order process and split your payments across 10 weeks with no interest or fees, if you pay on time

Visa, MasterCard or PayPal

Cash – complete the envelope supplied and return it to our photographer on photo day

Order school photos here

Or visit: www.advancedlife.com.au

And enter online order code: **ME9 NM7 HZ9**

School photography information:

Online orders - do not require an envelope returned to your school

Late fees - a late fee will be applied to each package purchased after photo day due to the additional cost of producing these packages separately

Package delivery - photographic packages will be returned to your school for distribution approximately six weeks after photos are taken

Previous Years' photos - Past years' photographs including sports, co-curricular and representative groups are also available to order under the "previous years or group photo" tabs at your school's advancedorder site when you click on the "Order School Photos Here" button above. You can also order past packages, portrait images and gifts from your child's unique, individual and secure advancedyou image archive site using the unique 9 digit image code found on packages you have ordered in the past



Photo: Year 12 Photo Day 2021

Students Taking Leave During the School Term

If parents are wishing their son/daughter to take leave during the school term, a Leave Form must be completed.

Forms are available from the Front Office or if parents would like a form emailed to them, please contact the College Office. Leave forms are for any length of time.

There are two types of Leave Form: (i) for Travel only and (ii) all other types of leave. Students receive an Exemption Approval letter from the Principal

Uniform Shop

Trading Hours
During School Terms
Monday 12pm - 4pm
Thursday 8am - 12pm

Our Parishes

Holy Spirit

Todd Row, St Clair
Ph: 9670 8222

Our Lady of the Rosary

Saddington Street, St Marys
Ph: 9623 1962

Our K - 6 Schools

Trinity Primary

61-83 Bakers Lane,
Kemps Creek
Ph: 9834 3212

Holy Spirit Primary

7-17 Todd Row, St Clair
Ph: 9670 5379

Our Lady of the Rosary

Saddington Street
St Marys
Ph: 9623 2500



Donations of Uniforms

The College is happy to take donated uniforms however due to Work, Health and Safety, we request that all uniforms are washed and dry-cleaned

Second Hand Uniforms

Please call the College to make an appointment to see the Business Manager around whether you qualify for second hand uniforms.

Compass Parent Portal

If you are still unable to log onto the Compass Parent Portal after you have downloaded the Compass School App, please contact the College Office

Withdrawing from the College

If you are withdrawing a student from the College please be advised that 10 Weeks notice is required in writing

How to install the SkoolBag app
instructions for parents and community

1. Get your favourite mobile device
2. Open the App Store/Play Store
3. Search for "SkoolBag"
4. Download the free app
5. Open the app and add your school(s)

for Apple users: Download on the App Store
for Android users: GET IT ON Google Play

for more info visit skoolbag.com.au SkoolBag

catholic healthcare

3-Bedroom Units with Private Ensuites

Enquire now: 1800 225 474

Emmaus Retirement Village, Kemps Creek